

The History and Development of Indian Gymnastics After Independence

Dr. Susanta Sarkar

Associate Professor of Physical Education, University of Kalyani

Arup Das

Research Scholar of Physical Education, University of Kalyani

Abstract: *The Gymnastic Federation of India (GFI) pioneer of Gymnastics in India came in existence in the year 1951 with the main aims to encourage, control and popularize competitive gymnastics in the union of India. The Indian Olympic Association (IOA) granted its affiliation to the federation in the year of 1952. India, being the second most populated and the seventh-largest country of the world, the Gymnastics Federation India is an important unit of the Federation of International Gymnastics (FIG), Commonwealth Gymnastics Confederation (CGC) and Asian Gymnastic Union (AGU). The Federation was registered with the registrar of societies Delhi under Societies Registration Act, 1957 in the year 1966. The Gymnastics Federation of India has become actively associated with the Olympic movement and has started participation in the Olympic games, the Commonwealth games and the Asian Games and the recognized International Championships or Cup or Competition in Gymnastics. The Gymnastics Federation of India is an affiliated Unit of the FIG since 1952; GFI is the founder member of the CGC and AGU since its inception. The prominent track record of the Federation with these International Organizations of Gymnastics is an asset for India. It is also regularly participating in the Championships conducted by them, where Gymnasts are showing their skills and bringing laurels for the country.*

Keywords: Gymnastics, Dronacharya Award, Arjuna Award, Produnova

Gymnastics has always provided us with a never amazement of what the human body is capable of doing. Sometimes referred to as the closest thing you can come to flying, gymnastics has exerted this influence for thousands of years. In times of the ancient Romans and Greeks, Gymnastics has been used to facilitate body development through exercise. The word gymnastics derives from the Greek word "exercise naked" "As gymnasts evolved, people realised that gymnastics was an excellent way of developing physical strength and subsequently implemented gymnastics into the training of their

forces. Many pieces of equipment used at this time are still used today. Equipment such as the pommel horse and the vault has virtually remained the same over centuries."

The father of modern gymnastics is Frederick Ludwig Jahn of Germany when in the late 1700s developed the sidebar, horizontal bar, parallel balance beam and jumping events. Throughout the next decade, gymnastics started to flourish in Germany with the lead from Ludwin Jahn who opened his famous school in Berlin. At relatively the same time a Sweden named Gutsmuth, developed a more graceful form of gymnastics which stressed the importance of rhythmic movement and control which eventually merged with the traditional style that formed we see today with gymnastics clubs now starting to spread out Europe, it wasn't until the 1880's that gymnastics was introduced to the united started by European immigrants. The international gymnastics federation was, opening the way for international competitions. The FIG is the old international sports Federation.

The first large gymnastics competition was the 1896 Olympic Games where only 5 countries completed. The dominant strength of Germany was not to go unrecognized with a virtual clean sweep of the medals. Seven-year later (1905), the first World Championships were held in Antwerp, Belgium. This way the first large international competition was held since the Olympic Games in 1896, and a huge success. In St Louis in 1904, the men's team competition was added to the Olympic format. Women's gymnastics was added to the Olympic Games in 1928 but it wasn't until 1952 that they received apparatus medals. In 1976, the first perfect ten was scored by a young Romanian Gymnasts Nadia Comaneci who also happened to be the youngest gymnast ever complete at Olympic games (14 yrs.), marking a revolution in all disciplines of gymnastics. In 1984, rhythmic gymnastics was added to the Olympic programme.

History of the Gymnastics Federation of India

The Gymnastics Federation of India came into existence on seventh February 1951. The first meeting of the Federation was held at National Sports Club, Worli, Mumbai. The Federation has got affiliation from the Federation of International Gymnastics (FIG) in the year 1952. It is also an affiliated Unite of the Commonwealth Games Confederation (CGC), Asian Gymnastics Union (AGU) and Indian Olympic Association (IOA). The Federation is registered under the Societies Registration Act, 1957. The Gymnastics Federation of India started actively from its inception when it sent to Gymnasts Mr. Khushi Ram and Mr. Veer Singh to represent India in the 1952 Helsinki Olympic Games. To develop Gymnastics in India, expert coaches from the Soviet Union were invited. The Gymnastics Federation of India has grown its size and stature as well as its activities. In the year 1952, the National Championship was held in Men's section only and National Championship for Women was included in 1962 at the eighth National Gymnastics Championship at Gwalior. Thereafter

Nationals were conducted in the boys and girls sections in the year 1965-66 at Mumbai. The first time National Championship for Sub-junior boys and girls was conducted in 1986 at Karnal. The Federation has been keeping pace with the FIG, CGC and AGU and has included Rhythmic Gymnastics in the year 1989 and First National Rhythmic Gymnastics Championship was conducted at Kottayam in 1989. The sub-Junior section in Rhythmic Gymnastics was introduced with the eighteenth National Rhythmic Gymnastics Championship at Jodhpur in 2007 and Mini-II (under ten years) and Mini-I (under eight years) were included in 19th National Rhythmic Gymnastics Championship at Jodhpur in 2008 to provide more opportunities to the young budding gymnasts to flourish. In 1996 Sports Aerobics also came under the banner of the Gymnastics Federation of India and conducted the first National Sports Aerobics Gymnastics Championship at Jalandhar in October 1997 with the 39th Senior National Championship. Later Acrobatics, Trampoline and General Gymnastics were brought under the ambit of the above-mentioned Organization in 2002. The Gymnastics Federation of India conducted the first National Championship in Acrobatics and Trampoline at Hyderabad in October 2002 and Junior section in Acrobatics included in the 5th National Acrobatic and Trampoline Championship held at Thane in 2008 and continued till 2009. Thereafter, National Championship in Trampoline was conducted separately since 2010 and the 6th National Championship in Trampoline and Tumbling was held at Chandigarh in August 2010. The Gymnastics Federation of India also introduced Under 10 years for boys with Floor Exercise, Table Vault and girls with Floor Exercise, Balancing Beam and Under 12 years for boys with all Apparatus only in Artistic Gymnastics at 51st Sub-Junior National Gymnastics Championship at Chennai in December 2010 to tap the hidden talent of Gymnastics. Presently there are 28 Units affiliated with the Federation and they are regularly participating in the National Championships. The Types of Gymnastics recognized by FIG mentioned below :

Types of Gymnastics-FIG-recognized disciplines

Sl.No	Discipline Name	Olympic Discipline/ Non-Olympic Discipline
1.	Men's Artistic Gymnastics (MAG)	Olympic Discipline
2.	Women's Artistic Gymnastics (WAG)	Olympic Discipline
3.	Rhythmic Gymnastics only for Women	Olympic Discipline
4.	Trampoline Gymnastics (Men & Women Individual)	Olympic Discipline
5.	Acrobatics Gymnastics	Non-Olympic Discipline
6.	Aerobic Gymnastics	Non-Olympic Discipline
7.	Gymnastics For All	Non-Olympic Discipline
8.	Parkour	Non-Olympic Discipline

The first President of the Federation was Shri P.N. Mathur and Secretary

ers in the Federation. The list of the Presidents and
n from its inception till date is as under:

President	Name of Secretary
Shri P.N. Mathur (Railways)	Shri Rameshwar Dayal (Delhi)
Shri Rameshwar Dayal (Delhi)	Shri Broja Ranjan Roy (W.B)
Shri Broja Ranjan Roy (W.B)	Shri Broja Ranjan Roy (W.B)
Shri Broja Ranjan Roy (W.B)	Shri Broja Ranjan Roy (W.B)
Shri Broja Ranjan Roy (W.B)	Shri L.N.Khurana (Delhi)
Shri L.N.Khurana (Delhi)	Shri Dilip Singh (Tripura)
Shri Dilip Singh (Tripura)	Shri.Prithi Pal Singh Virk (Punjab)
Shri.Prithi Pal Singh Virk (Punjab)	Shri.Prithi Pal Singh Virk (Punjab)

of election of the Office-bear
Secretaries of the Federation

Tenure	Name of the
1951 to 1956	Shri P.N.Mathur
1956 to 1961	Shri Rameshwar
1961 to 1964	Shri Rameshwar
1964 to 1970	Shri Rameshwar
1970 to 1976	Shri Rameshwar
1976 to 1980	Shri B.S.Ojha
1981 to 1986	Shri B.S.Ojha
1986 to 1991	Shri.V.K. Garg

The Government of India awarded Dronacharya Award to the following Coaches for their immense contribution to the Gymnastics

Sl.No	NAME	YEAR
1.	Shri Devendra Kumar Rathore (U.P)	2011
2.	Shri Bisweswar Nandi (Tripura)	2016

The Government of India awarded Khel Ratna Award to only one gymnast for her outstanding performance in Olympic and other International competitions

Sl.No	Name	Year
1.	Dipa Karmakar (Tripura)	2016

The Government of India awarded Padmashree Award which is fourth highest civilian award to only one gymnast for her Tremendous Contribution in Gymnastics

Sl.No.	Name	Year
1.	Dipa Karmakar (Tripura)	2017

International Judge's Course Cum Clinics Organised in India by the Gymnastics Federation of India

Initially, there were only a few qualified judges with the Federation . Conducted of Gymnastic Competition requires a large number of qualified Judges. Keeping these in view , GFI started conducting courses and workshops to train Judges . Presently , there is a good number of qualified Judges with it . The main aim of the Federation since its inception is to get its Gymnasts trained and to improve its position of the International Level through polarizing Competitive Gymnastics in the Union of India. Therefore, The Federation has put special attention towards imparting training to the coaches to improve the training skills in them .The Courses and workshops organized for Judges and Coaches are as follow :

Sl. No.	Year	Name of the Course, Venue and Date
1.	1981	First International Judges Course in March 1981
2.	1982	Second International Judges Course in March 1982
3.	1982	Third International Judges Course in September 1982 at NSNIS, Patiala
4.	1992	Fourth International Judges Course under Olympic Solidarity course at New Delhi 1992
5.	2009	MAG International Judges Course (XII Cycle/2009-2012) in Hyderabad from 01 to 07 August 2009.

		RG International Judges Course(XII Cycle/2009-2012) in Mumbai 10 to 14 August 2009
		WAG International Judges Course (XII Cycle/2009-2012) in Kolkata from 27 to 30 August 2009

Senior National Gymnastics Championship Since the Year 1952

Sl.	Championship	Place/State	Duration	Individual Champs/
	Ram (DEL) Singh(PUN)		1. 1 st Sr. National	Madras (along with 14 th National Games)
	Singh (SER)		2. 2 nd Sr.National	Delhi (DEL)
	Singh (SER)		3. 3 rd Sr.National	Calcutta (W.B.)
	Singh (SER)		4. 4 th Sr.National	Patiala (PUN)
	al Khullar (DEL)		5. 5 th Sr.National	Delhi (DEL)
	ram (SER)		6. 6 th Sr.National	Pune (Mah)
	al Khullar (DEL)		7. 7 th Sr.National	Patiala (Pun)
	Singh (DEL) Dasgupta (WB)		8. 8 th Sr.National	Gwalior (M.P.)
	Singh (SER) Dasgupta (WB)		9. 9 th Sr.National	Jhansi(U.P.)
	sale(SER)		10. 10 th Sr.National	Bombay (Mah)
	a Ray(U.P.)			1st Jan 1966
	sale(SER) Dasgupta (WB)		11. 11 th Sr.National	Ropar (PUN)
	sale (SER) a Gaul (W.B.)		12. 12 th Sr.National	Agartala (Tri)
	Karande (SER) Niwas (DEL) ika M (W.B.)		13. 13 th Sr.National	Cuttack (ORS)
	alunke (SER) ika M (W.B.)		14. 14 th Sr.National	Delhi (DEL)
	Inder Singh		15. 15 th Sr.National	Chandigarh (PUN)
	Inder Kaur (PUN)			14 th -17 th Dec, 1972
	Kanji(RLY) Mallick (W.B.)		16. 16 th Sr.National	Agartala(TRI)
	Debnath(TRI) Inder Kaur (PUN)		17. 17 th Sr.National	Jhansi(U.P.)
				18-21 st Feb,1975

18.	18 th Sr.National	Agartala(TRI)	1975-76	
19.	19 th Sr.National	Ropar (PUN)	12-14 th Feb, 1977	Nimai Kanji(RLY) Kalpana Debnath(TRI)
20.	20 th Sr.National	Chandigarh (PUN)	29 th Sept to 5 th Oct, 1977	Guravatar Singh (SER) Kalpana Debnath(TRI)
21.	21 st Sr.National	Surat(GUJ)	4-13 th Feb,1979	B.S Nandi (TRI) Kalpana Debnath(TRI)
22.	22 nd Sr.National	Bombay(MAH)	31 st Oct-3 rd Nov, 1979	B.S Nandi (TRI) Kalpana Debnath(TRI)
23.	23 rd Sr.National	Calcutta(W.B.)	15 th -24 th Feb, 1981	Kewal Krishna (PUN) Anju Rani De (W.B.)
24.	24 th Sr. National	Patiala(PUN)	7-10 th Nov , 1981	M.Chemburkar(MAH) Anju Rani De(W.B.)
25.	25 th Sr.National	Jabalpur(M.P.)	10-13 th Feb, 1984	B.S. Nandi (TRI)
				Sumita Sharma(HR)
26.	26 th Sr.National	Guntur(A.P)	7-11 th Feb,1985	
27.	27 th Sr.National	Culcutta(W.B.)	12-15 th July, 1985	
28.	28 th Sr.National	Bangalore(KAR)	12-15 th Jan 1986	D D Chaudhary(RLY) Nirmala (HAR)
29.	29 th Sr.National	Cuttack(ORS)	5 th -9 th Mar,1987	Balram Sheel(ORS) Anju Rani De(W.B.)
30.	30 th Sr.National	Rai(HAR)	31 st -3 rd April, 1987	Inobi Singh(CHD) Kurpali Patel(HAR)
31.	31 st Sr.National	Kottayam(KRL)	25 th -28 th Jan,1989	Ratan Debnath(RLY) Anju Dua(HAR)
32.	32 nd Sr.National	Udaipur(RAJ)	19-22 nd Oct,1990	Ratan Debnath (RLY) Kurpali Patel (HAR)
33.	33 rd Sr.National	New Delhi	20-24 th Mar,1991	Rajesh Kumar(CHD) Sipra Jana (RLY)
34.	34 th Sr.National	Imphal(MNP)	23 rd -27 th Oct 1991	Rajesh Kumar (CHD) Punam Chhabra (HAR)
35.	35 th Sr.National	Hyderabad(A.P)	9-13 th Jan 1993	Rajesh Kumar (CHD) P Renuka (A.P)
36.	36 th Sr.National	Patiala(PUN)	23 rd -27 th Mar,1994	Rajesh Kumar (PUN) Jaswant Kaur (PUN)
37.	37 th Sr.National	New Delhi	27-31 st Mar,1995	Rajesh Kumar (PUN) Jaswant Kaur (PUN)
38.	38 th Sr.National	Bhadreshwar(WB)	24 th -28 th Dec,1995	Ajit Jharande (Mah) Sucharita Manna (WB)

39.	39 th Sr.National	Jalandhar (PUN)	18-22 nd Oct 1997	Vikas Sabarwal (PUN) Jaswant Kaur (PUN)
40.	40 th Sr.National	Rajsamand(RAJ)	15 th -9 th Jan,1999	Vikas Pandey (U.P.) Punam Chhabra (PUN)
41.	41 st Sr.National	Ambala(HAR)	19 th -23 rd Aug,2000	Vikas Pandey (U.P.) Tumpa Debnath (WB)
42.	42 nd Sr.National	Hyderabad(A.P)	21 st – 25 th March 2002	Prosenjit Bhadra (RLY) Rakhi Debnath (W.B.)
43.	43 rd Sr.National	Kakinada(A.P)	22-26 th Jan,2003	Vikas Pandey (U.P.) Tumpa Debnath (A.P.)
44.	44 th Sr.National	Chandigarh (PUN)	27-31 st Dec,2003	Vikas Pandey (U.P.) Tumpa Debnath (RLY)
45.	45 th Sr.National	Pune(MAH)	28 th Dec 2004 – 1 st Jan 2005	Rohit Jaiswal (U.P.) Rakhi Debnath (RLY)
46.	46 th Sr.National	Gurudaspur(PUN)	2-5 th Feb , 2006	Rohit Jaiswal (U.P.) Tumpa Debnath (RLY)
47.	47 th Sr.National	Allahabad(U.P)	10-14 th March 2007	Raja Roy (SER) Tumpa Debnath (RLY)
48.	48 th Sr.National	Trivendrum(KER)	22-26 th Jan 2008	Ashis Kumar (IR) Meenakshi (PUN)
49.	49 th Sr.National	Warrangal(A.P)	9-13 th Jan, 2009	Ashis Kumar (IR) Meenakshi (PUN)
50.	50 th Sr.National	Erode(TN)	14-18 th Jan,2010	Ashis Kumar(IR) Deepa Karmakar (TRI)
51.	51 st Sr.National	Jaipur(RAJ)	8 th -12 th Mar 2011	

Several Achievements in International Competitions Since 1952

The Federation inception is associated with the Olympic Movement and in the Year 1952 two Gymnast of India participated in the Olympic Games and the Indian Team of Six Players participated for the first time in the Gymnastics Competition in Olympic Games 1964. However, the Indian gymnasts continued to participate in World/Asian/Commonwealth Level Competition since 1952 either individually or in team events. The participations registered at the International Level by the Indian Gymnasts are as under:

Sl. No.	Year	Name of the Competition Venue and Date	Name of Gymnasts and Official	Achievements
1	1952	Helsinki Olympic Games, 1952	1) Vir Singh(PUN) 2) Khushi Ram(DEL)	
2	1956	Melbourne Olympic	1) Sham Lal Khullar(DEL)	

		Games, 1956	2) Anant Ram(SER) 3) Pritam Singh(PUN)	
3	1959	World Student Gymnastics Moscow (USSR)	1. Sham lal Khullar (DEL) 2. LN.Khurana (Manager)	
4	1962	Visit of Indian Gymnastics Team to Tashkent	1. Dilip Singh (Services) 2. Tarlok Singh (Services) 3. Anant Ram (Services) 4. D Mondal (Services) 5. Ranjit Singh (Services) 6. Kripal Singh (Services) 7 Ram Dutt (Services) 8. Bachan Singh (Del) 9. Satya Narayan (Del) 10. Sarvit Singh (Del) 11. B.Bhonsle (Services) 12. Sarwan Singh (Coach) 13. Rameshwar Dayal(Chief) 14. Baroja Ranjan Roy (Judge) 15. Lt.Col.J.J. onseca (Judge)	B.Bhonsle-1 st - Floor Exercise (9.85) D.Mondal-1 st - Vaulting Horse(9.60)
5	1964	Tokyo Olympic Games	1. Anant Ram (Services) 2. D.Mondal (Services) 3. Tarlok Singh (Services) 4. Y. More (Services) 5. B. Bhonsle (Services) 6. V. Karande (Services) 7. Rameshwar Dayal (Manager)	
6	1970	World Championship in Yugoslavia (Ljublijana)	1. Daljit Inder Singh (PUN) 2. Manjit Singh (PUN) 3. Vithal Karande (Services)	
7	1971	1 st Asian Youth Gymnastics Championships in Tokyo (Japan)	MAG 1. Daljit Inder Singh (PUN) 2. Manjit Singh Gill (PUN) 3 Inderjit Singh (PUN) 4. Nirbhay Singh (M.P.) 5. Mantu Debnath (TRI) 6. Nem Kanji (W.B.) 7. Madhu Sudhan Saba (TRI) 8. Pratap Rana (DEL) 9. D. K Tondon (COACH) WAG 1. Ambalika Mazumdar (WB) 2 Arti Das (WB) 3. Manju Lata (DEL) 4. Lopamudra Ghosh (TRI) 5. Ashma Gaul (WB) 6. Neelima Gaul (WB) 7 Vijay Laxmi Arad (PUN)	

			8. Kundesh Khosla (PUN)	
8	1978	VIII Asian Games, Bangkok	1 B.S Nandi (TRI)	
9	1978	Commonwealth Games, Edmonton	2. Dilip Singh (COACH) 1. Manjit Singh (PUN) 2 B.S. Nandi (TRI) 3. N.B.Bhonsle(M.P) 4 Nemai Kanji (W.B.) 5. D. K Tondon (COACH)	
10	1982	Moscow News and Riga International Competition (USSR)	1. Balram Sheel(M.P.) 2. Tapas Deb (CHD) 3. D. D. Chaudhury (CHD) 4. Anjan Das (WB)** 5. Bijan Shah (CHD) 6. B. S. Nandi (TRI) 7. M. Chemburkar (MAH) 8. Sharanjit Singh (PUN) 9. G.S.Bawa (COACH) **Youngest Gymnast in the	
11	1982	Pre-Commonwealth Games in Brisbane, Australia	MAG 1. Halram Sheel (M.P) 2 D.D Choudhury (CHD) 3. Bijan Shah (CHD) 4 B.S Nandi (TRI) 5.Mantu Debnath (COACH) 6.P.S.Virk(Manager) WAG 1. Sanjivani Karandikar(MAH) 2. Jay Shiree Bapat (MAH) 3. Anjurani Dey (WB) 4. Savita Joshi (MAH)	
12	1982	IX Asian Games, New Delhi	MAG 1. Balram Sheel (M.P.) 2. D. D. Chaudhary (CHD) 3. Bijan Shah (CHD) 4. B. S. Nandi (TRI) 5. Kewal Krishan (PUN) 6. Sharanjit Singh(PUN) 7.Sadhu Saini (RLY) 8.Shambhu Nath Saha (W.B.) 9. Dieter Struck (COACH) 10. Mantu Debnath (COACH) WAG 1. Sanjivani Karandikar(MAH) 2. Jay Shree Bapat (MAH), 3. Anjurani Dey (WB) 4. Savita Joshi (MAH) 5. Shikha Barua (WB) 6. Jyotsna Das (WB)	**B.S.Nandi is the only Gymnast to score above 50 out of 60 points.

			7. Mukta Bhide (MAH) 8. Satya Siddhu (Coach) 9. M. D. Gurjar (Coach)	
13.	1985	International Competition in Romania	MAG 1. Balram Sheel (M.P.) 2. D. D. Chaudhary (CHD) 3. Sarbir Singh (COACH) WAG 1. Sunita Sharma(HAR) 2. Nirmala Gulia(HAR)	
14	1986	Ten Days Dawn International Tehran (Iran)	1. B. S. Nandi (TRI) 2. Balram Sheel (M.P.) 3. Sharanjit Singh(PUN) 4. Anjan Das (RLY) 5. Shekhar Victor(RLY) 6. Tapas Deb (CHD) 7. P.S. Virk (MANAGER)	
15	1986	X Asian Games, Seoul (Korea)	1. Balram Sheel (M.P.) 2. Sharanjit Singh(RLY) 3. Ratan Debnath (RLY) 4. D. D. Chaudhary (CHD) 5. Anjan Das (RLY) 6. Tapas Deb (CHD)	
16	1993	Artistic Gymnastics World Championship,Birmingham (U.K) 13-18 th April	1. Ajit Jharande (MAH) 2. Ratan Debnath (RLY) 3. Rajesh Kumar (CHD) 4. Vikas Sabharwal (PUN) 5. S. S. Walia (PUN)- Coach 6. M. L. Sharma (M.P.) Manager	
17.	1994	6 th Asian Junior Gymnastics Championship at Hiroshima (Japan), 17-20 th February	1. Parveen Kumar Sharma (DEL) 2. Ashok B. (KAR) 3. Laxman Singh (DEL) 4. H. S. Majhi (ORS) 5. Ms. Shampa Dey (RLY) 6. Ms. Sarvanti Nashkar (WB) 7. Ms. Tithi Bhattacharya (WB) 8. Ms. Sucharita Manna (WB) 9. Mantu Debnath- Coach 10. Sandhya Kaul- Coach 11. Hazara Singh- Judge 12. Kalpana Debnath- Judge 13. Jayant Shukla - Manager	
18	1996	1 st Asian Artistic Gymnastics Championship	1. Vikas Pandey (U.P.) 2. Rajendra Prashad (PUN)	

		held at Changsha(China)	3. Dr.G.S.Bawa- (Coach)	
19.	1998	1 st SAARC International Competition at Allahabad in March	1. Vikas Pandey(U.P) 2. Rohit Panwar (U.P.) 3. Rajendra Prasad (PUN) 4. Sudip Jana (RLY) 5. Mayank Srivastava (U.P.) 6. Praveen Sharma (RLY) 7. Vishal Deshpandey (MAH) 8. Ms. Tumpa Debnath (W.B.) 9. Ms. Poonam Chhabra (HAR) 10. Ms. Neeru Jabalia (PUN) 11. Jaswant Kaur (PUN) 12. Raman Prit (PUN) 13. M. Balraj (Manager) 14. Samir Deb (Coach) 15. Ratan Debnath (Coach) 16. Dr. Kiran Kulkarni (Doctor)	Team Championship (MAG) 1 st -India 2. Sri Lanka 3. Bangladesh Team Championship (WAG) 1.India 2.SriLanka 3.Bangladesh All Around Champion (MAG) 1 st - Vikash (IND) 2 nd - Rohit (IND) 3 rd Rajendra (IND) All Around Champion (WAG) 1 st -Tumpa (IND) 2 nd -Poonam (IND) 3 rd - Neeru (IND))
20.	1999	1 st Central South Asian Gymnastics Championships held at Patiala (India), 23 rd to 25 th December	1. Mr. Rajendra Prasad (PUN) 2. Mr. Vikas Pandey (UP) 3. Mr. Praveen Sharma (RLY) 4. Mr. Mohit Yadav (UP) 5. Mr. Vikrant Sharma 6. Mr. Kuldeep Kumar (PUN) 7. Ms. Jaswant Kaur (PUN) 8. Ms. Tumpa Debnath (WB) 9. Ms. Poonam Chhabra(HAR) 10. Ms. Runa Das (W.B.) 11. Ms. Sundari Mondal(WB) 12. Ms.Manisha Sharma (MAH) 13. Mr. J.P. Chakraborty (Coach) 14. Dr. Kiran Kulkarni (Doctor)	Team Championship (MAG) 1. India 2.SriLanka 3.Bangladesh Team Championship (WAG) 1.Uzbekistan 2.India 3.Sri Lanka All Around Champion (MAG) 1.Vikash (IND) 2.Rajendra (IND) 3. Vallev (UZB) All Around Champion (WAG) 1.Goordeev (UZB) 2. K Almira (UZB) 3. B. Saida (UZB)

21	2000	2 nd Child of Asia	1. Rohit Jaiswal (U.P)	
		International Sports & Games at Yakutsk, Russia (4-13 August, 2000)	2. Uday Bhaskar(U.P) 3. Sanjay Chaudhary (U.P) 4. Mis Rohika PUN) 5. Ms Novonita Bhoumick (W.B) 6 Ms Meenakshi (PUN) 7 Jagtar Singh (Coach) 8. Tapas Deh (TRI)-Coach 9 Dr. G. S. Bawa (Judge) 10 Shri P. S. Virk (Manager)	Sanjay Choudhary (U.P) Gold AllAround Champion Rohit Jaiswal(U.P) Silver-H.Bar Silver-F.Exer Bronze- P.Horse,V. Horse, P. Bars Uday Bhaskar (U.P) Bronze-F.Exer Bronze-Rings Rohika (PUN) Gold-V. Horse
22	2001	35 th Artistic Gymnastics World Championship At Ghent (Belgium), 28 October to 4 th November	1. Vikas Pandey (U.P.) 2. Rajendra Prasad (PUN) 3. Mohit Yadav (U.P.) 4. Rohit Yadav (U.P.) 5. Mayank Srivastava (U.P.) 6. Abhinav Dixit (U.P.) 7. Miss Sundari Mondal(RLY) 8. Miss Tumpa Debnath(WB) 9. Sukhbir Kaur (PUN) 10. Meenakshi (PUN) 11. Rakhi Debnath (WB) 12. Rohika (PUN) 13. Mr. Lee Ziang- Coach 14. Dr. G.S. Bawa- Coach 15.Dr. Kalpana Debnath-Judge 16. Mr. G. Ravinder- Judge	
23	2002	XVII Commonwealth Games, Manchester (UK) from 25th July to 4th August 2002	1. Abhinav Dixit (U.P.) 2. Vikas Pandey (U.P.) 3. Mayank Srivastava (U.P.) 4. Mohit Yadav (U.P.) 5. Rohit Yadav (U.P.) 6. Lee Zing (Coach)	

			7. Mr. Niranjana Arya (Manager)	
24	2003	Baku Rhythmic World Cup Azerbaijan	1. Rajani Sharma (PUN) 2. Sonia Sharma (J&K) 3. Mrs. Krupali Singh(Coach)	
25	2003	37th Artistic Gymnastics World Championship at Anaheim (16-24 Aug. 2003)	1. Vikas Pandey (U.P.) 2. Mayank Srivastava (U.P.) 3. Rohit Yadav (U.P.) 4. B. N. Shiva Kumar (A.P.) 5. Dr. G. S. Bawa - Coach	
26	2003	2nd Asian Artistic Gymnastics Championship Guangzhou - China (19-26 Nov. 2003)	1. Vikas Pandey (U.P.) 2. Mayank Srivastava (U.P.) 3. Sarfraj Ahmed (RLY) 4. Mohit Yadav - (U.P.) 5. Miss Tumpa Debnath(WB) 6. Miss Sundari Mondal-(RLY) 7. Rohit Jaiswal (U.P.) 8. Abhay Chandra (U.P.) 9. M.G. Vijay Kumar (A.P.) 10.E.C.K. Rao (A.P.) 11. Miss Meenakshi (PUN) 12. Miss Rupali Haldar (WB) 13. Ajay Sethi-Coach 14. J. P. Chakraborty-Coach 15. K. G. Bidiwala-Judge 16. Dr. Kalpana Debnath-Judge 17. Dr. Kiran Kr. Kulkarni (Doctor) 18. M. Balraj (Manager)	Rohit Jaiswal (U.P) Silver Medal-H. Bar (8.850)
27	2004	Baku Rhythmic World Cup Azerbaijan from 22nd to 26th April 2004	1. Rajani Sharma (PUN) 2. Sonal Gupta (J&K) 3. Krupali Singh (Coach)	
28	2004	8 th World Championship in Sports Aerobics in Sofia, Bulgaria from 1st to 7th June 2004	1. M. Luwangleina Devi (MNP) 2. Ritu Aithani (CHD) 3. Manvinder Singh (J&K) 4. Kamal Singh (J&K) 5. Amiya S. Joshi (MAH) 6. Vaishali J Narayana(MAH) 7. Tarak L. Das (MAH) 8. Aditya S Joshi (MAH) 9. Surender Pal Singh(Coach) 10. Makrand S Joshi (Judge) 11. Inderjit Singh (Head of Delegation.)	
29	2004	Acrobatics Gymnastics FIG World Cup, Coimbra, Portugal from 8th to 9th October 2004	1. Saugata Das (WB) 2. Surojit Das (WB) 3. Joy Narayana Das (Coach) 4. D. R. Ganguly (Manager)	India Won 4 th place in Men's Pair

30	2004	"Gracious of East" World Cup Series at Tashkent (Uzbekistan) from 28th Sept. to 2nd October 04	1. Mala Rawat (CHD) 2. Rana Surekha (HAR) 3. Madhvi Bharadwaj (Coach)	
31	2004	2nd Commonwealth Youth Games at Bendigo, Australia from 29th Nov to 4th Dec 2004	1. Rohit Jaiswal (UP) 2. Abhay Mishra (UP) 3. Uday Bhaskar Singh (UP) 4. D. K. Rathore (Coach)	Rohit Jaiswal won Bronze Medal on H.Bar
32	2005	9th Junior Asian Gymnastics Championship at Qatar, Doha from 14th -17th Feb 2005	Artistics Gymnastics (Men) 1. Rohit Jaiswal (UP) 2. Abhay Mishra (UP) 3. Ashish Kumar (UP) 4. Alok Ranjan (UP) 5. D. K. Rathore (Coach) Artistics Gymnastics (Women) 1. Santosh Rani (Pun) 2. Sridevi (AP) 3. Jagtar Singh (Coach) 4. Kan Singh Rathore (Manager) 5. Kalpana Debnath (Judge) 6. R.L Verma (Judge)	India Men team got 4 th place (Team Championship)
33	2005	2nd South Central Asian Gymnastics Champ Shop at Allahabad from 20 th 22 nd Feb 2005	Artistics Gymnastics (Men) 1. Mayank Srivantava (UP) 2. Deepesh Sahu (UP) 3. Rohit Jainwal (UP) 4. Rohit Yadav (UP) 5. Mancy Bera (RLY) 6. M. Shinoj (SER) 7. DK. Rathore (Coach) Artistics Gymnastics (Women) 1. Rupali Halder (WB) 2. Sharwari Kulkani (MAH) 3. Sukhibir Kaur (Pun) 4. Rohika (Pun) 5. Rakhi Debnath(RLY) 6. Ashmita Chitale (MAH) 7. J.P Chakraborty (Coach) 8. M. Babulkar (Coach)	India won 7 Gold , 2 Silver and 2 Bronze Medals
34	2005	27h World Rhythmic Gymnastics Championship Baku (Azerbaijan) from 3rd to 9th October	1. Rajani Sharma (PUN) 2. Komal Nahar (MAH) 3. Surekha Rana (HAR) 4. Jashandeep (PUN) 5. Savita Marathe (Coach)	
35	2006	37 th World Cup in Artistic Gymnastics at Tehran	1. Raja Roy (SER) 2. Deepesh Sahu (UP)	Deepesh won 5 th place in

		(Iran) from 1 st -3 rd March	3. Abhay Mishra (UP) 4. B.N. Shiv Kumar (RLY) 5. Raj Shekhar Reddy (RLY) 6. Kapil Kaushik (AP) 7. A.V.Giriraj (Coach) 8. Y.Ram Mohan (Judge) 9. Jasbir Singh (Manager)	V.Horse, 6 TH place in P.Bar. Abhay was 8 th in H.bar
36	2006	XVIII Commonwealth Games, Melbourne (Australia) from 15th to 26th March 2006	Men Artistic Gymnastics: 1. Rohit Jaiswal (UP) 2. Ashish Kumar (UP) 3. Mayank Srivastava (UP) 4. Vivek Mishra (UP) 5. Sharat Chandra (AP) 6. Le Ziang (Coach) 7. G. Ravinder (Judge) Women Artistic Gymnastics: 1. Tumpa Debnath (RLY) 2. Rakhi Debnath (RLY) 3. Jhinuk Basu (WB) 4. Preeti Das (WB) 5. Meenakshi P. (PUN) 6. Sephali Maullick (Coach) 7. Savita Marathe (Judge) Rhythmic Gymnastics 1. Rajani Sharma(PUN) 2. Surekha Raan(HAR) 3. Komal Nahar(MAH) 4. Neetu Bala(Coach) 5. Varsha Upadhyay (Judge)	India was 7 th in Team Championship in Rhythmic Gymnastics Competition
37	2006	World Championship in Acrobic Gymnastics, Nanjing (China) from Ist 2. to 3rd June 2006	1. Luang Devi (MNP) 2. Anitha Reddy (AP) 3. Arvind Sharma (SER) 4. Manvendra Singh (J&K) 5. Suchitra Devi (MNP) 6. Jeevan Singh (MNP) 7. Aditya Joshi (MAH) 8. Amiya Joshi (MAH) 9. Tarak Dev (MAH) 10. Vivek Sharma(SER) 11. Sagar Rana (SER) 12. Raja Parmar (SER) 13. Amit Parmanik (SER) 14. Randhir Singh (SER) 15. Sanjay Singh (SER) 16. M. Shashi (Coach) 17. Y. Ranjan Singh (Coach) 18. Makrand Joshi (Judge) 19. Brij Kishore (Judge) 20. Mr. G. K. Selva Kumar Chief D' Mission	

38	2006	3rd Senior Asian Artistic & Rhythmic Gymnastics Championship at Surat, India from 29th July to 3rd August 2006	Artistic Gymnastics (Men) 1. Raja Roy (SER) 2. Mayank Srivastava (UP) 3. Ashish Kumar (UP) 4. Deepesh Sahu (UP) 5. D. K. Rathore (Coach) 6. AV Giriraj (Coach) 7. Bhagwan Baiskar (Judge) Artistics Gymnastics (Women) 1. Meenakshi P (PUN) 2. Ashmita Chitale (MA) 3. Rupali Haldar (WB) 4. Amrita Sinha (WB) 5. J.P. Chakraborty (Coach) 6. M. Babulkar (Coach) 7. Kalpana Debnath (Judge) Rhythmic Gymnastics 1. Anita Ramola (PUN) 2. Jashandeep Kaur (PUN) 3. Kiranjit Kaur (PUN) 4. Pooja Chauhan(HAR) 5. Krupali Singh (Coach) 6. Neetu Bala (Coach) 7. Varsha Upadhyay (Judge)	
39	2007	7 th Asian Championship in Acrobatics, Almaty, Kazakhstan from 5th to 9th July 2007	1. Sanjay More (SER) 2. Sampat Shirsat (SER) 3. Tensubam Singh (SER) 4. Babun Das (SER) 5. Shakti Shankar Das (SER) 6. Sogata Das (SER) 7. Ashok Chaudhary (Coach) 8. D. R. Ganguli (Manager)	1. Indian Acrobatic Quartet from Sl. No. 1 to 4 won Bronze Medal while China & Silver to Gold to Kazakhstan. 2. Indian Acrobatic Men Pair from Sl. No. 5 to 6 won Bronze Medal while Gold to China & Silver to Kazakhstan,
40	2010	XIX Commonwealth Games at New Delhi From 3-24th October 2010	1. Ashish Kumar (RLY) 2. Partha Mondal (RLY) 3. Rakesh Kumar Patra(ORS) 4 Rohit Jaiswal (UP) 5. Mayank Srivastava UP) 6. Vladimir Chertkov (Coach Men)	History created performance by Ashish Kumar by winning Bronze Medal in Floor exercises & Silver Medal

			<p>7. Ashok Mishra (Coach MAG)</p> <p>8. Praveen Sharma (Conch MAG)</p> <p>9. Dipa Karmakar (TRI)</p> <p>10. Roma Joglekar (MH)</p> <p>11. Priti Das (RLY)</p> <p>12. Debjani Samanta (WB)</p> <p>13. Meenakshi (PUN)</p> <p>14. Sephali Moulik (Coach WAG)</p> <p>15. J. P. Chakraborty (Coach WAG)</p> <p>16. Kshipra Joshi (MH)</p> <p>17. Pooja Surve (MH)</p> <p>18. Akshata Shete (MH)</p> <p>19. Krupali Patel (Conch RG)</p> <p>20. Varsha Upadhye (Judge RG)</p> <p>21. Dr. U. K Mishra (Manager)</p>	<p>in Table Vault, Rih in AAI & Dipa Karmakar ranked 5th in Table Vault. Pooja Surve qualified for Competition No. It and finished 16th. It is worth mentioned that 12 MAG, 2 WAG & 3 RG International Judges from India performances at CWG 20 evaluated RL Verma, BL Bayaskar, G Ravinder, Gaurabi Shah, Deepak Kabra, Praveen Dhage, A Sambaih, Vikas Hoodit, Manoj Naskar, Y. Ram Mohan Pradip Sahoo, PK Banerjee in MAG, Savita M. Kalpana Debrath in WAG, Neenu Bala. Varsha Upadhye. Sanjivint PP in RG</p>
41	2010	XVI Asian Games at Guangzhou, China from 12-26th November, 2010.	<p>1. Ashish Kumar (RLY)</p> <p>2. Partha Mondal (RLY)</p>	<p>Ashish Kumar won first-ever</p>

The Gymnastics Federation of India has a strong team of Technical officials, having international experience. The Federation not only organizes workshops/courses, etc. to strengthen its Technical Wing but also provides its coaches/judges opportunities to attend Courses/Workshops organized by the FIG. AGU, CGC to keep their Knowledge up-to-date in the Code of Point and latest guidelines, latest changes in Technical Environment, new improvements in coaching and judging system. Presently there are 19 MAG. 12 WAG. 10 RG, 6 Aerobie International Judges and SIX Coaches of the International Level.

With the above backdrop, the Gymnastics Federation of India is growing as the National Federation of Sports at the International Level. It has a number of International Standard Stadiums located in important cities of India and is equipped with the FIG-approved apparatus, coaches of International Standard and Judges wearing International Brevet. The young Leadership of the Federation with the assistance of experienced Office Bearers is working hard to bring India on the International Map of Gymnastics.

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